



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

July Pool Schedule 2024

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30am							
6:00am							
6:30am	Adult Swim	Adult Swim	Adult Swim	Adult Swim	Adult Swim		
7:00am	*6	*6	*6	*6	*6	Adult Swim	
7:30am						*6	
8:00am	AM Workout		AM Workout		AM Workout		
8:30am	*2		*2		*2		
9:00am	Open	Tabata		Open	Open		
9:30am	Swim *2	Tuesday *1	Open	Swim *2	Swim *2		
10:00am	Aqua Ampd	Open	Swim *2	H2O Tone	Aqua Bata		
10:30am	*1	Swim *2		*1	*1		
11:00am							
11:30am	Summer	Summer		Summer		Open Swim	Open Swim
12:00pm	Camp	Camp		Camp		*2	*2
12:30pm	*0	*0	Open	*0	Open		
1:00pm			Swim *2		Swim *2		
1:30pm							
2:00pm							
2:30pm	Open	Open		Open			
3:00pm	Swim	Swim		Swim			
3:30pm	*2	*2		*2			
4:00pm							Water Aerobics
4:30pm	Swim	Swim	Swim	Swim			Swim Team
5:00pm	Team	Team	Team	Team			Child Development
5:30pm	*0	*0	*0	*0			Swim Lessons
6:00pm	Wet n Wild	Swim	Wet n Wild	Swim			Adult Swim
6:30pm	*2	Lessons	*2	Lessons			Open Swim
7:00pm	Open	*2	Open	*2			Summer Camp
7:30pm	(7:45)	(7:45)	(7:45)	(7:45)	(7:45)		
8:00pm							
	Number after * is how many lap lanes are open	Schedule is subject to change		Lifeguard on duty is in charge	Summer camp starts week of June 10	Sauna will remain open during Summer Camp	
